

# RIPPLES

The Arvind Foundation Newsletter



Dear Readers,

It has been a wonderful year with the Foundation abuzz with activities. Your love and support has been overwhelming for which we are always grateful. We wanted to show you how your support and contribution has beautifully impacted the lives of our children and we have made some changes to the layout of Ripples! In this, we will bring to you the stories of our children whose lives have been greatly impacted with therapy and training provided at Arvind Foundation. Some of our children are slowly becoming independent, and it is treat to watch them metamorphose from being dependent for even the basic needs to learning suitable vocational skills and enjoy doing them. Our little steps in creating in a self-sustaining environment for special needs young adults.

We hope you enjoy this as much as you did our earlier version!

Gomathy T  
Editor

## SNEAK PEEK

---

02

Perseverance Pays! Story of how our staff's efforts brought out the genius in Srinivasan

---

03

Therapy helped Shrawathi start interacting and be a little more independent!

---

04

Prabhu is beginning to use the computer!

---

# Perseverance Pays!

MRS. KUMARI - TEACHER

Being a teacher at Arvind Foundation is a fulfilling job even for an outsider. Our children come to us with hardly any communicating skills. They also most often depend on others for their basic needs. And we work with them patiently and bring out the best in them. One such child is Srinivasan.

A very shy, reluctant child, when he joined us, has now blossomed into a boy with varied interests such as colouring. He especially loves playing with the trains at the school and build train tracks of different lengths. He also loves building houses with blocks and each time it is a different design. Srinivasan can solve big and complex puzzles with many pieces. He is now very attached to us and is happy to be involved in activities with them.



# Therapy has helped Shrawathi!

MS. SEETHALAKSHMI - TEACHER

Our dear Shrawathi now interacts with ease with her friends and teachers! And yes, this is a great milestone for us. She was a very sensitive and quite shy person when she came to us. She would refuse to wear any accessories and eat anything other than curd rice. Now she enjoys her food and has started eating vegetables and rasam rice. Her parents are very happy about this. We were able to gain her trust early on itself and it was a great breakthrough for us. She now participates in all the activities at school with interest. Massage therapy at the school has helped her immensely and she looks forward to those sessions now. Shrawathi has slowly adapted herself to the group and activities and enjoys the stories, finger rhymes, movements, sand pit, water play and massage. Our patience, love and efforts have started showing their efforts and we couldn't be happier!



# Prabhu is beginning to use the computer!

MS. SUGUNA - TEACHER

Prabhu joined us with very little clarity in speech. He has been with us for almost 6 months now and with all the therapy, guidance and support that he has received from the teachers and volunteers here at the institute, Prabhu is now able to use a computer. He was slowly taught to use a computer by starting to type the password. He has learnt the importance of computers in the present day and shows a lot of interest in learning to use it. He is now more involved in his therapy and enjoys cooking and cutting vegetables. This has all been possible only because of all the support we receive from you and our volunteers. Your support makes a difference to the lives of our children!

